**Client Testing Feedback – Tech Experience**

Feedback on Dashboard

* First thing noticed on home page from initial designs – Heart Rate. Then shown dashboard so far and first thing noticed was Rings for intake, also stated they are good for motivation.

**Extraction** – Colour can be used in monotone designs to draw attention. See updated dashboard design.

* Used upcoming workout widget to navigate to the workouts page rather than the menu at the bottom of the screen. Was not informed that clicking this would take her to the page, was done on instinct.
* **Q:** Is sleep a good widget – **A:** Yes, I would use sleep because it would help me see how I’ve recovered
* Calorie feature is very good to have, because it puts all my stuff in one app.

**Extraction** – Widgets have to serve additional functionality of bringing user where they wish to go, users may or may not use this. Certain Fitbit data suitable for Clients as well as stated. Nutritional data good feature as streamlines a user’s fitness experience.

Feedback on Workouts Page

* When asked to navigate to workout page, used menu, without being told which icon it was
* Workout page layout very good, not too much information – if it was too clogged with stuff I would find it hard to see exactly what workout I should be doing

**Extraction** – Keep workout page as simple as possible, it is only there to help the client find the correct workout for that day. Menu at bottom has suitable icons.

* Does not like how the weight type is not shown beside input form that Client uses.

**Extraction** – This will be a feature in the final app. However, it may not be extremely usable as the type of weight can vary on machines used in gyms. Perhaps set by trainer when they speak to client about what gym they will be using

Eye tracking would not work – still TBD

**Client Testing Feedback – No Experience**

Observations

Time Taken to find workouts: Found workouts very quick, used upcoming workout widget rather than menu at the bottom.

**Understanding of Dashboard**

* + Does not have a Fitbit and so had to explain the use and purpose of Heart Rate, sleep, and steps.

**Extraction** – The job of explaining this will either need to be done by a Personal Trainer or contained within the app when the Client is first setting it up.

* + Likes upcoming workout widget as would find it hard to navigate workouts page and know exactly what to do that day.
  + Understood where to input the foods eaten, however had to explain how it updated other parts of the dashboard.

**Extraction** – Widgets should be clear and easy to understand, however can also be explained to difficult users by their trainer. Total Calories changed to Meal history as seen in updated client dashboard along with Dashboard currently being developed.